

HABITUDE

changing lives in nepal...

The beautiful Lokta Bark paper used for our holiday gift sets has employed a total of 5,500 people in Nepal over 8 years-and that changes lives.

This year, Habitude wants to do more. As you know, a horrific 7.8 magnitude earthquake hit Nepal on April 25th and again on May 12th when communities were already devastated. These earthquakes struck near and dear to all of our hearts.

Want to help? Habitude will donate \$1 for each of these amazing Seasonal Services that you receive to help people who have lost everything as they stabilize and rebuild their lives. Thank you for your generosity.

Donations will be sent to the Kathmandu-based Asia Network for Sustainable Agriculture and Bioresources

www.greengrants.org/take-action/give-now/help-victims-of-the-earthquake-in-nepal

kathmandu deep color

Enjoy the rich and vibrant colors from our luminous Deep Color Collection. Glowing glaciers, golden fields, temple reds or the deepest night sky can all be customized and achieved with this 96% naturally-derived hair color. Consult and create with your stylist and explore the colors of Katmandu

\$70+

nepali spirit make-up

From dark and sultry to sweet and fresh...enjoy a new radiant look and pop of color inspired by the beauty and vibrancy of the Nepalese woman. Perfect for any event or night out on the town.

\$40

passage to nepal seasonal spa menu



HABITUDE

kashmir glow facial

Nothing says wellness like a glowing complexion. Using our revitalizing Tourmaline Collection, relax as we slough off multiple layers of tired dead skin with this microdermabrasion in a bottle. Leave feeling clean, smooth and radiant

\$98

temple trek massage

After a long week of trekking through life, you deserve to be honored. This customized revitalizing hour will relieve sore tired muscles, neck and back with warm stones and balance your body's energy with aromatherapy and soothing steam towels.

\$98

Each of these services includes an offering of herbal tea, organic curry chocolate, fruit and nuts as well as a hot rocks sauna and aromatic shower with the spa services.

Beyond the ALPINE summit

A Habitude Classic...An Essential Facial, Essential Massage, Hydrating Salt Glow, Spa Scalp Revitalizer, Hot Rocks Sauna, Blow Dry and Cosmetic Application

\$480

www.habitude.com
206-782-2898

himalayan salt retreat

Mineral-rich salts-prized for centuries for their restorative effects-soothe, refresh and hydrate dry, stressed skin during this full-body experience. Retreat with a blissful escape under our relaxing steam canopy and finish polished, relaxed and revitalized.

\$98

koshi river pedicure

Feeling like those feet have been on an expedition? Revive with this stimulating rosemary and mint pedicure. Then relax with an intoxicating hot stone foot massage. Leave with the toe color of your choice.

\$48